

SM

Susan Molyneux

Last revised August 2008



Crescenza
at room 907



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(01274) 622006
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(01274) 617107



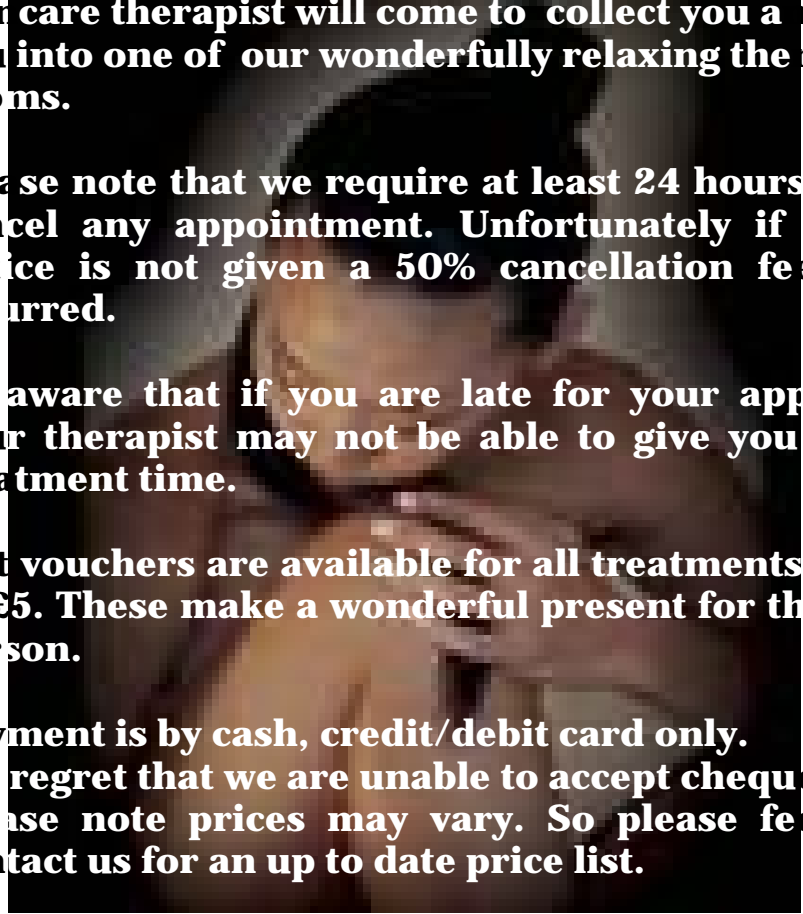
Don't rush! For a stress free visit we kindly ask you to arrive 10 minutes early so you can unwind before your treatment in our quiet relaxation area. Your skilled skin care therapist will come to collect you and escort you into one of our wonderfully relaxing therapy rooms.

Please note that we require at least 24 hours notice to cancel any appointment. Unfortunately if sufficient notice is not given a 50% cancellation fee may be incurred.

Be aware that if you are late for your appointment your therapist may not be able to give you your full treatment time.

Gift vouchers are available for all treatments and start at £5. These make a wonderful present for that special person.

Payment is by cash, credit/debit card only. We regret that we are unable to accept cheques. Please note prices may vary. So please feel free to contact us for an up to date price list.



Opening Hours

Sunday/Monday	Closed
Tuesday To Friday	9am to 9pm
Saturday	9am to 5pm

Male Call

Dear guest.

When it comes to beauty therapy it's no secret that the best results are achieved when the finest products are put in the hands of a professional experienced beauty therapist. So why not put yourself in our hands.

Our atmosphere is warm, friendly and welcoming. And our team will go out of their way to make sure your visit with us is a glimpse of pure indulgence. With more than twenty years experience it's no wonder we have chosen to use the Molyneux skincare range and Wella hair products which rely on the best quality natural ingredients. Using essential oils to provide the unique aromas for which the products are known and loved.

Our treatment list reads like a dessert menu making your mouth water and your senses tingle. No matter what your needs may be we are confident we will be able to live up to your highest expectations.

If you find you are having difficulty choosing the best treatments for your specific needs then why not book a consultation and we will be more than happy to suggest a unique personalised treatment plan for your hair and beauty needs.

We look forward to seeing you.



Male Facial - £25.00 allow 60 mins
This treatment has been designed for the busy man and will deep cleanse, exfoliate, balance and moisturise - All skin types

Men's Muscle Ease Massage

£20.00 allow 30 mins
Deeply relaxing, deep-tissue massage. This intense, regenerative massage eases stress related knots and muscular tension. The calming aromatherapy oils and soothing aromatic vapours relieve over-active, stressed minds. Afterwards you feel rebalanced, refreshed and ready to take on the world!



Back Cleanse - £26.00 allow 60 mins
Purifies and deep cleans the back removing any congested areas.

Refreshing Foot Therapy - £15.00 allow 60 min

A conditioning treatment for the feet. The cuticles are conditioned and hard skin is removed. The treatment concludes with a long relaxing and conditioning massage.

Men's Hand Conditioning - £10.00 allow 40 mins

A treatment utilising specialist care products to restore or maintain hands and nails. Includes cuticle conditioning.



Facial Treatments

Book four or more of any of the following facial treatments as a course to be used within 6 months and receive a 15% discount.



Skin Consultation – free allow 15 mins

If you are having difficulties deciding what the best treatment is for your skin concerns then why not let us help you? We will assess your concerns and suggest the best route for you to take.

Non-Surgical Skin Renewal – £65.00 allow 120 mins

'The Queen Of Anti-Ageing Treatments.'

Using the most up to date anti aging technology available. This non intrusive facial combines **three** amazing techniques into just one treatment. ***'Micro Dermabrasion'*** aids to rid the skin of dead cells combined with the ***'Non-Surgical Facial Lifting'*** treatment that strengthens and tighten the neck and facial muscles. And as if all that was not enough we will then apply the ***'Active Bio-Collagen'*** mask to plump out fine lines and add moisture to the skin. After one treatment the skins ability to hold moisture can be improved by up to 75%. After an intensive course wrinkle depth can be reduced by more than 40%.

NEW!!

Renewing Soothing Facial - £45 allow 90 mins

This unique facial has been designed with those sensitive and delicate skins in mind. After a detailed skin analysis your therapist will begin to aid in the repair of your skin from long term damage. Including use of the healing ***'Micro-Current'*** this treatment also incorporates an ***'Active Bio-Collagen'*** mask which visibly calms irritated skin such as **rosacea** and **eczema**.

NEW!!

Derma-new - £45.00 allow 60 mins

Perfect for those **dull, congested, oily skins**. Including the deep exfoliation of ***'Micro Dermabrasion'*** combined with the cleansing benefits of ***'AHA's (Alpha Hydroxy Acids)'***. This fantastic facial is **100% cleansing** and not for the faint hearted! It is ideal for spot prone skin that does not seem to respond to any other products. ***'Give your skin the clean of its life.'***

NEW!!

Collagen Dermal Renewal - £45.00 allow 60mins

Does your skin always feel **dry or tight**? Are you constantly putting moisturiser on? If so this is your facial. Dry skin is worsened by layers of dead skin sitting on the surface and never being removed. So let us rid you of dull/tight and lifeless skin. Using the exfoliating benefits of ***'Micro Dermabrasion'*** we will be able to infuse your skin with ***'collagen'*** to plump out fine lines and completely re-hydrate it. **After one treatment the skins ability to hold moisture can be improved by up to 75%. After an intensive course wrinkle depth can be reduced by more than 40%.**



NEW!!

Collagen Eye Renewal - £40.00 allow 60mins

'The Ultimate Anti-aging Eye Treatment.' Using ***'Micro current technology'*** to lift/tone and firm the muscles and tissue around the eyes, and applying the ***'Active Bio-collagen eye mask'*** to plump out fine lines are re-hydrate this delicate area.

Micro-Dermabrasion Facial - £35.00 Allow 60 mins

The one all of Hollywood is going crazy for. An amazing new treatment for a dull tired skin. This treatment will remove the surface dead skin using abrasive crystals and leave your skin feeling soft and clean. This is also ideal for spot prone, congested, oily or acne skins.



Non-Surgical Face Lifting Treatment

£25.00 allow 60 mins

Non-Surgical Face Lifting Treatment

Deluxe £40.00 allow 90 mins includes full facial. PAIN FREE Working on the facial muscles you will find the results produced by the electro-stimulation on fine lines, wrinkles, muscle tone and the overall complexion astonishing. You will be delighted with the improvements in the firmness of the skin along with the reduction and softening of fine lines.

Aromatherapy Facial - £25.00 allow 60 mins

A treatment to release the senses. Leaving you looking and feeling rejuvenated - All skin types

Active Collagen-Bio Facial - £40.00 allow 60 mins

The ultimate hydrating facial treatment. this treatment hydrates and brightens a dull tired skin.

Non-Surgical Eye Lifting Treatment - £15.00 allow 30 mins

This is an intensive treatment concentrating on the eyes and surrounding area. Results will be visible after one treatment so great for special occasions however a course of treatments is recommended for maximum results.

Collagen Eye Treatment - £25.00 allow 45 mins

Reduce the signs of ageing on eyes - For dry/aged eyes and skin.

Thermal Modelling Facial - £30.00 allow 60 mins

A deep cleansing and purifying treatment to regenerate your complexion - All skin types

Aqua Visage Facial -£35.00 allow 60mins

Specifically selected masks for all skins types also fantastic for dark circles.



Specialist Treatments

NEW!!

Wrinkle Correction Treatments

These treatments are all performed by a qualified nurse.

Restylane Vital – from £220

Increases moisture content and plumps out skin ideal for dry sun damaged crepey skin such as chest area and back of hands.

Restylane – from £180

Plumps out fine lines. Used mainly around mouth area for lip lines and nose to mouth lines.

Skin Peels - from £70

Removes facial scarring caused by acne. And replenishes dry dull looking skin.

NEW

Permanent Cosmetics

Never have to wear make-up again.

Eye brows – from £275.00

Eye lash enhancement –
from £275.00

Eye liner - from £275.00

Lip liner – from £275

Lip colour – from £375



All the above prices for permanent cosmetics include one retouch procedure within three months of the initial treatment.

Body Treatments

Book four or more of any of the following body treatments as a course to be used within 6 months and receive a 15% discount.



Dead Sea Mineral Exfoliation

£20.00 allow 45 mins

The body is exfoliated using Dead Sea Mineral Salts, which have a healing, softening and rejuvenating effect on the skin. The treatment concludes with an application of mineral body lotion or alternatively, it can be combined with a massage for more relaxing benefits.

Thermal Anti-Cellulite - £26.00 allow 60 mins

This effective anti cellulite treatment smoothes and contours those problem areas together with the application of heat via the thermal mask

Dead Sea Mud Envelopment - £30.00 allow 75 mins

If you can't bathe in the Dead Sea in Israel, then we bring you the next best thing. After a full body exfoliation, a layer of gently warmed black Dead Sea mud is applied to the skin as a heat wrap. You will receive a soothing scalp massage whilst the minerals from the mud cleanse and re-mineralise your skin. Concluding with an application of mineral body lotion, your skin will feel smooth and nourished.



Algae Purifying Envelopment

£30.00 allow 75 mins

Deeply Detoxifying Treatment

Combining the richness of sea plants and marine algae with aromatherapy, this treatment is deeply detoxifying at all levels. A warm seaweed body mask is applied before you are cocooned, in a comforting heat wrap. Let your thoughts drift away, whilst you have a soothing scalp massage and let the active ingredients work to detoxify and decongest. Can help with weight loss.



Auto-Bronze Treatment

£30.00 allow 60 mins

This full body and face treatment commences with an exfoliation to prepare the skin for the tan. After showering, the tanning product is applied and a soft sun-kissed tan will emerge.

Deep Cleansing Back Treatment - £26.00 allow 60 mins

A unique deep cleansing as well as purifying and balancing treatment to decongest, hydrate and restore clarity to this area where the condition of the skin is easy to neglect. Ideal for all problem skin conditions.

Essential Oil Top To Toe Treatment - £50.00 allow 120 mins

The ultimate de-stress customised face and body treatment for the best skin-therapy. Take one of the unique advanced performance Susan Molyneux facials and combine it with the relaxing effects of the aromatherapy body massage for pure indulgence.

Massage Treatments

Relaxing body massage

£25.00 allow 60mins

Relaxing back massage

£15.00 allow 30mins

A relaxing Swedish style massage to soothe away tension.



Stimulating Body Massage - £30.00 allow 60 mins

An invigorating treatment concentration on any specific areas of concern. This is a detoxifying treatment.



Stress Therapy Back And Scalp Massage

£20.00 - allow 45 mins

Help get yourself back into balance with a treatment that treats mind, body and soul



Aromatherapy Full Body Massage - £45.00 allow 120 mins
 There is an Aroma-massage treatment perfect for your every need, whether it is to de-stress and re-balance, to stimulate and energise, to detoxify and slim or to tone and firm. Natural aromatic oils specially selected for you, combined with the soothing touch of the therapists' hands simply melt away tension. This treatment includes facial and scalp pressure points and massage. Customised

NEW!!

Sports Massage – 30 mins £25 or 45 mins £30
Do you suffer from Back Pain/Achy Legs/Stiff Neck/Tennis Elbow or any of the other various aches and pains we acquire throughout our daily lives. Sports massage is ideal to treat your specific aches and pains. Following an in-depth consultation you will receive a massage tailored to your individual needs.

Deep Tissue Back Massage - £20.00 allow 30 minutes
 This is a firm massage which will give immediate relief from back and shoulder pain



Scalp massage
 £15.00 allow 30mins
 Ease tension instantly with this deeply soothing head massage. Using a concentration of essential oils this massage also strengthens the hair and restores vitality and shine. Relaxing.

Depilatory Treatments

Available to both men and women.



- Full leg** - £15.00
- Half leg** - £10.00
- Bikini** - from £5.00
 If you would like to include the bottom area in a bikini wax please add £3-£8.
- Brazilian** – from £20.00
(leaves a strip on pubic bone)
- Hollywood** – from £20.00
(all hair is removed)
- Under arm** - £5.00
- Full leg and bikini** - £18.00
- Half leg and bikini** - £13.50
- Half leg, underarm and bikini** - £18.50
- Lip or chin** - from £4.00
- Lip and chin** - from £6.00
- Full arm** - £10.00
- ½ arm** - £8.00
- Eye brows** – from £5.00



Male Waxing

- Shoulders** - £7.00
- Full back** - from £10
- Chest** - from £15
- Back and chest** - from £20
- Arms** – from £10.00





Hands And Feet



Manicure - £13.00 allow 45 mins
A treatment utilising specialist care products from **Cuccio** to restore and maintain hands and nails. Includes cuticle conditioning and classic nail paint

Luxury Manicure - £17.00 allow 60mins.
Includes a full manicure with the addition of a **paraffin wax** treatment

Pedicure – £15.00 allow 45 mins
Please bring flip flops or sandals if you are having your feet painted. Also remove all existing polish before you arrive. Incorporating a luxurious foot bath, and energising massage that will **leave you walking on cloud nine!**



Luxury Pedicure - £20.00 allow 75mins
Includes a full pedicure with the addition of a **paraffin wax** treatment.

Paraffin wax hands or feet - £10.00 allow 30mins
An excellent treatment for those that need extra nourishing and softening ideal for dry skin conditions.



NAIL ENHANCEMENTS

Gel Nails

Strong and natural looking. Gel nail extensions are the best form of nail enhancement on the market.

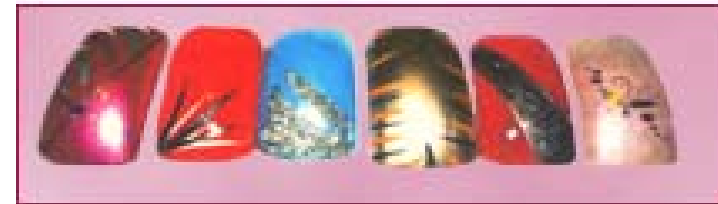
Full Set - £30.00 allow 90min

Infills - £20.00 allow 60 mins



Nail Art

The list of designs are endless. You can have whatever you desire. **Prices start from as little as 25p per nail and go up to £3.00 per nail for the more intricate designs**



NEW!! Spray Tanning Treatment

£20.00

With two different shades to choose from Fake Bake will suit any skin. Want that sun kissed look of a sunny weekend in a Yorkshire pub garden? Then choose fake Bake original.

OR

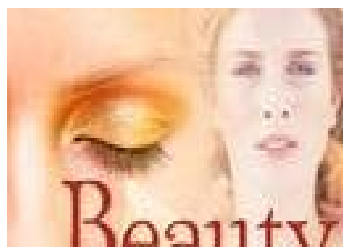
Why not make all your friends jealous and go for a look that says "I just spent two fantastic weeks in the Caribbean and loved it!" by going for Fake Bake darker.



Essential Treatments

(Never wear mascara again)

Patch test needed 24 hrs prior to treatment



Eye lash tint - £6.00 allow 25 mins
Brow tint - £4.00 allow 15 min
Lash and brow tint - £8.00 allow 30 mins
Eye brow shape - from £5.00 allow 30 mins
Eye package (lash/brow tint and shape) - £12.00 allow 45 mins

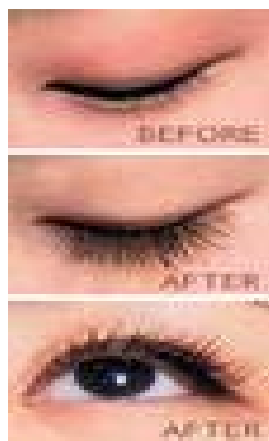
HOLLY WOOD LASHES

£10.00-£15.00

Semi Permanent Eyelash Extensions

No more smeared mascara. Whether you want your lashes to look longer or just fuller we will be able to give you the perfect finish.

As seen on the Richard and Judy show. And also in many well known glossy magazines.



Alternative Therapies

The following therapies are just briefly described here. For further details please ask a member of staff. Or pick up a brochure.



Reiki Healing – from £20

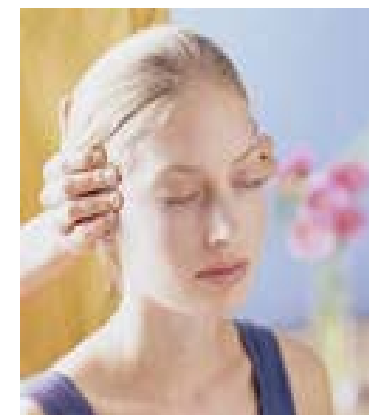
A Japanese word meaning universal (rei) life energy (ki) which is present in and around all things. By a series of gentle sequential movements to the clothed body the flow of the body's natural energy is enhanced, balanced and harmonised. Promoting deep and gentle relaxation equivalent of up to 8-10 hour of REM sleep. Deep and profound healing can occur on a physical, mental and spiritual level.

Indian Head Massage

£15.00 allow 30 mins

£20 allow 45 mins

This is a combination of stroking, kneading, friction, percussion and pressure point techniques either with or without the use of selected aromatic oils. This invigorating treatment usually includes the back, shoulders, neck, scalp, face and higher energy centres which means it is the perfect antidote for stress.



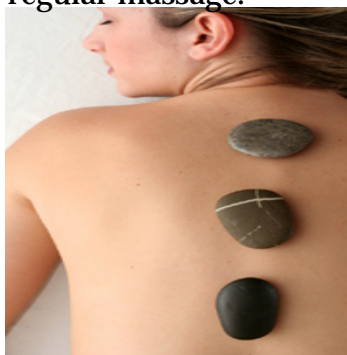


Chiropody – from £20.00
 The professional safe and effective treatment of all common foot problems. Nails are trimmed, corns and calluses are removed. Problems are treated where necessary with medication and/or dressings. Advice on care and management is given.

Hot Stone Massage

Have you heard about hot stone massage? If you have never experienced this unique indulgence, you owe yourself this exquisite moment.

Stone massage involves the application of water-heated basalt stones of varying sizes to key points on the body, giving a deep massage and creating sensations of comfort and warmth. The direct heat relaxes muscles, allowing manipulation of a greater intensity than with regular massage.



Stimulating Hot Stone Body Massage

£40 Allow 60 mins

Stimulating Hot Stone Back Massage

£25 Allow 30 mins

Ideal for someone who desires a deep tissue massage. Using essential oils to help relax tense muscles.



Relaxing Hot Stone Body Massage

£35 Allow 60 mins

Relaxing Hot Stone Back Massage

£20 Allow 30 mins

Let us help you to relax using soothing Massage techniques and sedating essential oils.

Stone Therapy Deep Tissue Full Body Treatment

£60 Allow 90 mins

Stone Therapy Relaxing Full Body Treatment

£55 Allow 90 mins

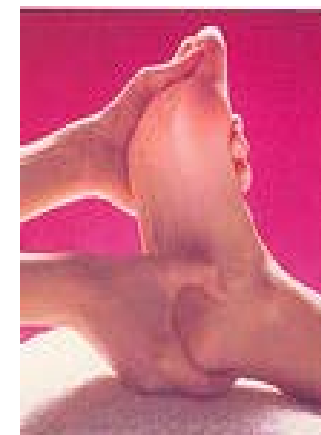
This amazing treatment includes a body massage as stated above yet also includes a face and scalp massage.



Clinical Reflexology – from £20
 Clinical Reflexology has its origins in the same Chinese roots as acupuncture and is based on the theory that specific reflex points on the feet relate to each organ, gland and structure of the body.

A reflexologist will detect tiny deposits and imbalances within the reflexes of the feet. Gentle pressure and specialist techniques work on these points to free blockages and release toxins.

As Reflexology treats the whole person, not just the symptoms of disease, most people benefit from treatment and have an overwhelming feeling of tranquillity.



Clinical reflexology can bring great relief in particular to sufferers of:

Aches & Pains
 attacks / Nerves

Acne

Anxiety / Panic

Arthritis

Asthma

Back pain

Eczema / Psoriasis

Fatigue

Haemorrhoids

Hormone imbalances

Infertility

Insomnia

Irritable bowel syndrome

Leg Cramps

Lethargy

Multiple Sclerosis

Neck pain

M.E.

Special Occasion Offers

Trying to find that special something for that special someone can be the hardest thing in the world. Especially when you want to show just how much you care for and appreciate them.

Here at Room 907 we want to make that problem disappear. Our skincare specialists Crescenza and Marie are on hand to answer any questions you might have. They are always willing to sit down and help you decide which is the best package for your individual needs.



Their history in the beauty industry is distinguished. After qualifying with Marie at one of the best colleges in the UK, (Yorkshire College of Beauty Therapy) Crescenza went on to spend two years working as a senior therapist at Ragdale Hall Health Hydro - one of the top health spas in Britain. Needless to say your friends/family will be feeling fantastic in their more than capable hands.

Hair appointments can be arranged with all treatment packages. Whether you are buying for yourself or a loved one we promise a wonderful and memorable experience.

Bare Essentials allow 2 hours
Was £55 **Now £45**

Dead sea mud wrap combined with a full body massage. Does it get any better????!!!

Disco Date allow 3 hours
Was £48 **Now £40**

Getting ready for a night out? Then you'll need your nails doing. This includes manicure, pedicure, eyelash extensions and eye brow shape.

Body and Soul allow 2 hours

Was £45 **Now £38**

Body polish treatment including full body massage.



Prepare For The Sun

allow 4 hours

Was £59 **Now £45**

Legs waxed??

If not try this! Half leg, bikini and underarm wax, eye brow shape, eye lash tint, manicure and pedicure. (patch test required 24hrs prior)

A New You allow 4 hours

Was £73 **Now £60**

This includes a facial, eyebrow shape, manicure, pedicure and a relaxing back massage. It'll leave you feeling brand new.

Post Holiday Package allow 2 ½ hours

Was £55 **Now £45**

When you come back off your holiday and your skin feels like sand paper let us smooth you over.

Dead sea mud wrap combined with a full body massage. Does it get any better????!!!

Spoil Them!! allow 4 hours

Was £78 **Now £65**

Make them feel like a million \$\$\$ - full body massage, facial, manicure and pedicure.

New Pregnancy Package allow 4 hours

Was £58 **Now £50**

Let us pamper you!!

Included in this wonderful indulgence is a luxury manicure and pedicure a relaxing back massage and a choice of an eye brow shape **or** an eyelash tint. (patch test needed 24 hours prior to treatment.)

Special Occasion Package allow 3 hours

Was £69 **Now £50**

Full leg, bikini and underarm waxing plus eye lash tinting, eye brows shaping, manicure and pedicure. (All this is done 2 days before the big day)

